



## JIN SHIN JYUTSU® SELF HELP

*Jin Shin Jyutsu® Self Help is an ancient Japanese art of harmonizing the life energy in the body to promote homeostasis and optimal health. Our bodies contain energy pathways, which may become blocked due to stress and tension. A stagnation of life energy to the cells can cause discomfort and pain. Through this seminar, you will learn how to harmonize and balance yourself physically, mentally and spiritually.*



**REGISTER  
NOW!**

**REGISTRATION: \$225**

**Register one month prior to the seminar and receive the  
Early Bird Registration \$25 Discount (\$200 registration fee)**

Registration Fee: \$225.00 • Walk-In Registration Fee: \$250.00 • Cancellation Fee: \$25.00

LOCATION / DATE / TIME / CONTACT

### JIN SHIN JYUTSU® SELF HELP

In this seminar you will learn the art of this ancient practice, using your fingers and hands to eliminate stress, relieve pain and balance acute and chronic health issues. You will use your fingers and hands as “jumper cables” to awaken and stimulate the natural energy of the body, therefore facilitating its own strengthening capacity.

### HIGHLIGHTS OF THE SEMINAR

- Eliminate stress from the body
- Relieve pain
- Balance acute and chronic health issues
- Promote physical, mental and spiritual harmonization and balancing

**THE NATIONAL ASSOCIATION OF CERTIFIED  
NATURAL HEALTH PROFESSIONALS**

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For more information on the CNHP, please direct your questions to: [information@cnhp.org](mailto:information@cnhp.org)