



NUTRITION

This Seminar on Nutrition will discuss the various theories and basic elements of good nutrition. Students will learn the importance of diet, vitamins, minerals, amino acids and herbal supplementation. Learn more about nutrition from experienced Certified Natural Health Professionals!



**REGISTER
NOW!**

REGISTRATION: \$225

**Register one month prior to the seminar and receive the
Early Bird Registration \$25 Discount (\$200 registration fee)**

Registration Fee: \$225.00 • Walk-In Registration Fee: \$250.00 • Cancellation Fee: \$25.00

LOCATION / DATE / TIME / CONTACT

NUTRITION

This seminar will discuss the various theories and basic elements of good nutrition. Students will learn the importance of diet, enzymes, vitamins, minerals, amino acids, and herbal supplementation.

HIGHLIGHTS OF THE CLASS

- Overview of the role of carbs, fats, and proteins in the body
- Description of each vitamin and mineral including the muscle response testing point
- The power of enzymes and digestion
- The truth about good fats and bad fats

**THE NATIONAL ASSOCIATION OF CERTIFIED
NATURAL HEALTH PROFESSIONALS**

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Warsaw, IN 46580



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For more information on the CNHP, please direct your questions to: information@cnhp.org